

## **Loco Pilot Instruction No.01/2026**

### **Subject:- Regarding compliance with standard guidelines by ALP.**

1. Remind next caution 3 Km and 2 Km before the caution order location (both TSR and PSR).
2. Remind next caution after passing every caution order.
3. Repeat "No Caution" on entering block section if there is no caution in the block section.
4. Remind distant signal in absolute block system as under: -
  - i. 2 km before distant: Distant approaching 2 km
  - ii. 1 km before distant: Distant approaching 1 km
  - iii. On seeing the distant green: Distant green
  - iv. On seeing the distant double yellow: Distant double yellow, max speed 100 kmph (or whatever is applicable as per type of train)
  - v. On passing distant in double yellow: Right, speed below 100kmph (or whatever applicable as per type of train)
  - vi. In single distant territory on seeing Distant in Yellow: Distant yellow, control speed to 60 kmph (or as applicable as per type of train)
  - vii. On passing distant signal in yellow: Right, speed within 60 kmph, approaching home signal in danger, control speed to within 10 kmph at Sigma board.
5. Repeat probable restrictive aspect of next signal also in case of passing double yellow and yellow signal and, speed to be maintained at next signal (like "Next signal(Name) will be yellow, control speed to 60 kmph (or as applicable)").
6. Remind critical signals in advance with criticality (Next signal will be on Right hand side, Extreme right etc.)
7. Repeat red signal (With Speed) continuously after passing yellow signal and keep hand on RS valve to be ready to apply brake if train is not controlled to prescribed speed limit.
8. Repeat speed to be maintained along with aspect of signal in case of double yellow, yellow and red (speed one mast before sigma board in case of red signal)
9. DJ open boards to be repeated and opening of DJ to be ensured.
10. Continuous watch on speed after passing YY and Y signal and actual speed to be repeated at regular interval.
11. Remind LP of all the relevant signages enroute.
12. Remind when entering a different signaling territory (from Absolute to Automatic, from double distant to single distant territory)

13. Remind change in location of signals (like signals will be on right side/left side) when changing track in case of 3<sup>rd</sup>/4<sup>th</sup>line (caution order page of concerned line also to be opened).
14. In case of red signal being taken off on approach, reach up to the root of the signal, ensure that the signal given is for your train only and then increase the speed.
15. Loco pilot shall confirm the signal/caution order. Signal to be confirmed only after watching it.

**Note:**

1. Apply RS valve immediately if speed limits are exceeded at YY, Y and one mast before sigma board.
2. Call the signals loudly and with hand gesture
3. Keep the volume of FSD 70% - Full. so that it is audible.
4. Be cautious on critical signals like those on curve, cuttings, down gradient etc.
5. Keep watch on MR pressure, BA voltage, maximum speed
6. Keep hand on RS Valve after passing yellow signal
7. Observe signal first in case of loco trouble. If signal is double yellow/yellow, control the train to stop before red signal and then troubleshoot.
8. Keep signal location book open on driving desk.
- 9.

All CLIs are advised to counsel their nominated crew accordingly.

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**CENTRAL RAILWAY**

**NO: NGP/TRO/SAFETY/LP Inst/23**

C/- CEE (OP)/CSMT: For kind information please

C/-DRM/NGP- For information please.

C/-ADRM/(T)NGP- For information please.

C/- All CCCOR: For display and take acknowledgement from all running Staff.

C/- All CLI: For information & counseling LP & ALPs accordingly.

C/- DI/DTC: For impart in the training.

C/- CTLC: For necessary action.

**DIVISIONAL OFFICE**

**TRO BRANCH, NAGPUR.**

**Date: 22.01.2026**



/Sr. DEE (TRO)/NGP